

[Your Full Name]
[Your Address]
[Phone Number] | [Email Address]
[LinkedIn Profile URL]

[Date]

[Hiring Manager Name]
[Facility/Organization Name]
[Department Name]
[Facility Address]

Dear [Hiring Manager Name or "Search Committee"],

Re: Application for Mental Health Occupational Therapist Position

I am writing to express my strong interest in the Mental Health Occupational Therapist position at [Facility Name]. As a licensed Occupational Therapist with [Number] years of experience specializing in psychosocial rehabilitation and evidence-based mental health interventions, I am confident in my ability to contribute to your multidisciplinary team.

During my tenure at [Current/Previous Employer], I developed and implemented comprehensive treatment plans for clients experiencing [Specific Conditions, e.g., PTSD, Bipolar Disorder, Schizophrenia]. My clinical background includes expertise in:

- Conducting functional capacity evaluations and sensory profile assessments.
- Facilitating therapeutic groups focused on [e.g., ADL retraining, emotion regulation, or social skills].
- Utilizing modalities such as Cognitive Behavioral Therapy (CBT) and Dialectical Behavior Therapy (DBT) principles within OT frameworks.
- Collaborating with psychiatrists, social workers, and families to support community reintegration.

I am particularly drawn to [Facility Name] because of your commitment to [mention a specific program or value of the employer]. I am passionate about empowering clients to achieve independence and improve their quality of life through meaningful occupation. I hold a [Degree Name] from [University Name] and maintain current [State/Board] licensure and certification.

Thank you for your time and for considering my application. I look forward to the possibility of discussing how my clinical skills and patient-centered approach align with the goals of [Facility Name].

Sincerely,

[Signature (if sending by mail)]
[Your Typed Name]