

[Your Full Name]
[Your Address]
[Your Phone Number]
[Your Email]
[LinkedIn Profile URL]

[Date]

[Hiring Manager Name]
[Facility/Company Name]
[Facility Address]

Dear [Mr./Ms./Mx. Last Name],

I am writing to express my interest in the Mental Health Occupational Therapy Assistant position at [Facility Name], as advertised on [Platform]. With a solid foundation in providing holistic, recovery-oriented care and a passion for supporting individuals with psychosocial challenges, I am eager to contribute to your clinical team.

During my clinical experience at [Previous Setting/Schooling], I developed proficiency in implementing therapeutic interventions designed to improve patients' activities of daily living (ADLs) and social participation. I have experience working with diverse populations, including those managing [Specific Conditions, e.g., depression, anxiety, or substance use disorders]. I am particularly skilled in facilitating group sessions focused on [Skill, e.g., cognitive behavioral techniques, sensory modulation, or life skills training].

My approach is rooted in empathy and evidence-based practice. I am adept at collaborating with Occupational Therapists to adjust treatment plans based on patient progress and ensuring all documentation meets [State/Facility] regulatory standards. I am impressed by [Facility Name]'s commitment to [Specific Facility Goal or Value] and believe my background in mental health rehabilitation aligns perfectly with your mission.

Thank you for your time and consideration. I look forward to the possibility of discussing how my clinical skills and commitment to mental health advocacy can benefit your patients and staff.

Sincerely,

[Your Signature]

[Your Printed Name]